

P. P. SAVANI UNIVERSITY

Fifth Semester of B.Sc. Nursing Examination

February-2021

SNNR3030 – Mental Health Nursing

18.02.2021, Thursday

Time: 10:00 a.m. to 1:00 pm

Maximum Marks: 75

Instructions:

1. The question paper comprises of two sections.
2. Section I and II must be attempted in separate answer sheets.
3. Make suitable assumptions and draw neat figures wherever required.

Section: I (Marks-38)

- Q:1 Long Essay. (Any One) [13]**
- Q:1(a) Define Mental Health. Brief about Mental Health Team. [5]
- Q:1(b) What is psychotherapy? Describe about Behavior therapy. [7]
- OR
- Q-1 Ms. Leena, 32 years old women admitted in female psychiatric ward with the complaints of decreased appetite, loss of interest, feeling hopelessness, agitation & restlessness.
- Q:1(a) Identify the case and define it. Write down the etiological factors for it. [6]
- Q:1(b) Write down the nursing management for it. [6]
- Q:2 Short Essay. (Any Three) [15]**
1. Describe about NMHP.
 2. Explain about Paranoid Schizophrenia.
 3. Write in detail about Process Recording.
 4. What is Therapeutic Impasse? Brief about it.
 5. Discuss about Mood Stabilizer drugs
- Q:3 Answer the Following (Any Five) [10]**
1. Write down the difference between Transference and Counter Transference.
 2. Define EPS.
 3. Enlist the techniques of Non-Therapeutic Communication
 4. What is Milieu Therapy?
 5. Write down the difference between Endogenous & Atypical Depression.
 6. Enlist the symptoms of Lithium Toxicity.

Section-II (Marks-37)

- Q:4 Long Essay. (Any One) [12]**
- Q-4 Ms. Rita, 28 years old female admitted in psychiatric ward with the complaints of irritability, lack of social interaction, sleep disturbances, interference with daily work, mood swings, frequent thoughts of getting ill if touches dirty surface, frequently engaging in cleaning and hand washing activity
- Q:4(a) Identify the case & define it. Explain the types & causative factors of it [6]
- Q:4(b) Write down the treatment modalities for Ms. Rita. [6]
- OR
- Q:4(a) Define Intoxication. Explain the clinical manifestations of alcohol intoxication. [4]
- Q:4(b) Define intellectual disability. Describe about management of children with intellectual disability. [8]